

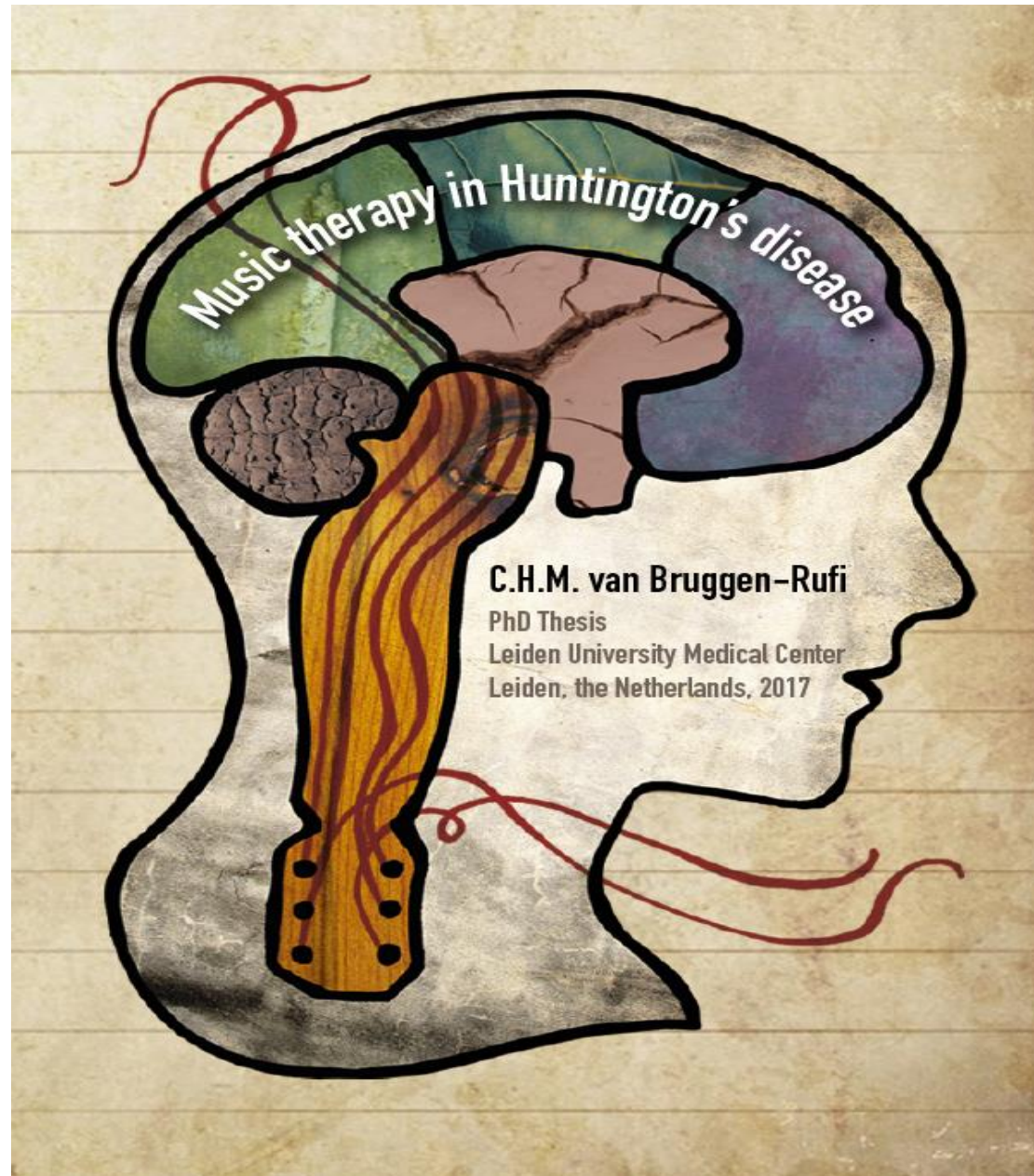


ArtEZ University of the Arts



opella







[https://www.youtube.com/watch?v=RZVgfsp
xBbw](https://www.youtube.com/watch?v=RZVgfspxBbw)

**If I could only hear my mother sing
again**

**If I could close my eyes and hear
your voice as then**

**All the friends and family
would sing along with me,
and set your spirit free**

**In my heart I hear you sing again
Every note as natural as then
and when I sing those songs
for family and friends,
in my heart I hear you sing again**

**I know the troubled times that
turned your hair to grey
And all the tears and sorrows
followed to your grave
But deep within the heart of
hunger,
there were always melodies
passed from you to me**















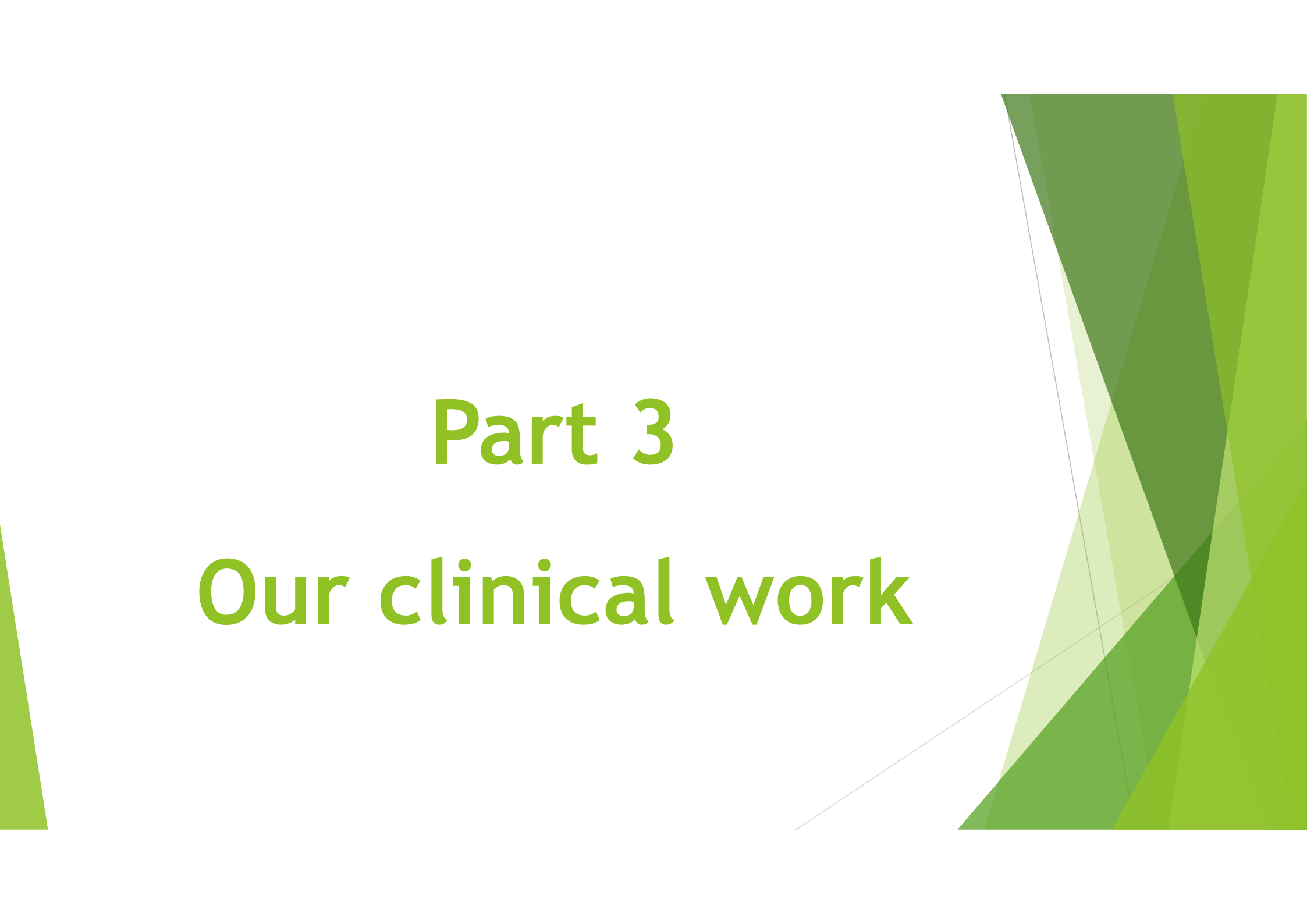


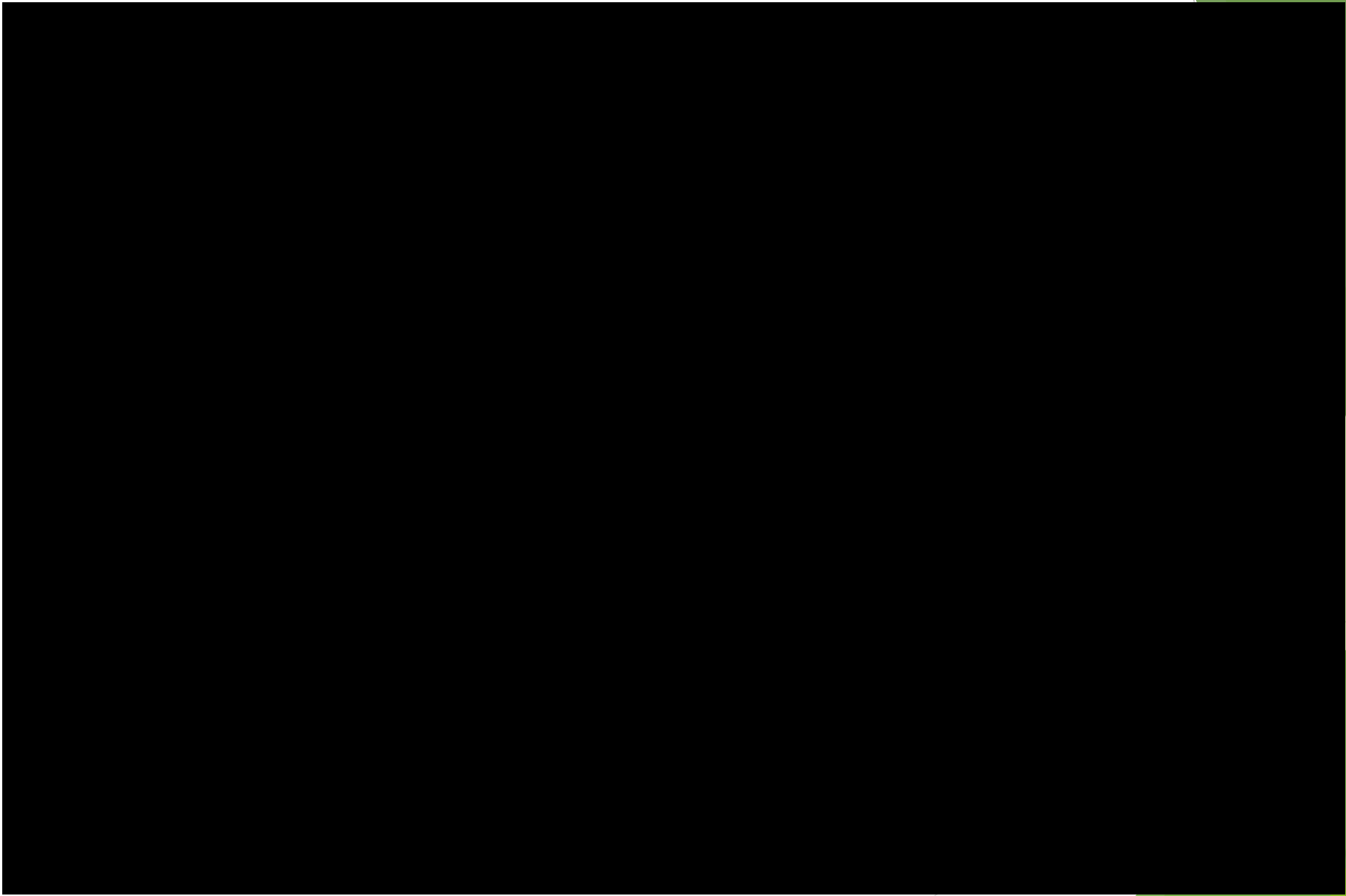




Part 3

Our clinical work





Randomised Controlled Trial: The effects of music therapy for people with HD

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Monique van Bruggen -
Rufi, LUMC, ArtEZ, Atlant
Prof. R.A.C. Roos, LUMC
Prof. W.P. Achterberg,
LUMC, Topaz
Dr. A.C. Vink, ArtEZ,
KenVak

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PBE → EBP

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Cure vs Care

Non pharmaceutical

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Muzzey, Kenny

Rx#: H1658

Take as needed.

Rx: Music 30MG

This medicine is a purple, yellow, and green note.

Info: Harmony Central

Dr. David Smith

- Inclusion
 - Randomisation
- Start study October 2014
- Last assessment May 2016

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4 LTCF, specialized in HD.
N=187, TFC ≤ 7

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Randomised
(n = 63)
MT n = 32
RT n = 31

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16 weekly sessions Music Therapy Recreational Therapy

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2 ass.tools: BOSH en PBA-s
4 assessments:
Week 0 (baseline)
Week 8
Week 16
Week 28

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CONCLUSIONS

GENERAL: NO IMPROVEMENT OR
WORSENING IN MT OR RT GROUP

SLIGHT IMPROVEMENT/SIGNIFICANCE ON
SOCIAL/COGN. SKILLS IN RT-GROUP

Significant $\neq$ relevant

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DISCUSSION/EXPLANATION: PROCESS EVALUATION!!!

- Very poor cognition (see MMSE/TFC)
- Sensitivity measurement tools
 - Qualitative vs Quantitative

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PART 4:

MUSIC AS PART OF YOUR WORK

“Music Therapy is an extraordinary modality which [...] can bring ability where there has been disability and freedom where people have been locked in, and it gives delight to people”

Oliver Sacks, neurologist